



TAILGATE SAFETY

CONCRETE – GENERAL SAFETY

Anyone working around or with concrete should be aware of the hazards and safety precautions related to this type of operation.

For your protection, the following precautions should be adhered to when working with concrete:

- Try not to over-exert yourself when mixing or moving concrete. Concrete is extremely heavy and caution must be taken to avoid back, shoulder, or other muscle strains. Performing pre-work stretching exercises and taking period breaks can aid in injury prevention. Try not to stay in any one position for too long.
- Always wear safety glasses when mixing or pouring concrete. The lime and cement dust can be very irritating to the eyes. If it enters your eyes, rinse for 15 minutes. If eyes are still irritated, seek medical attention.
- Always wear gloves and a long sleeve shirt, if possible, when working with concrete. The cement can cause irritation when it comes into contact with skin. Lime burns are common in the industry but can be lessened by barrier creams or gloves to protect hands and forearms from industrial dermatitis.
- Read and heed the manufacturers' recommendations on concrete additives, acids for etching, form release oils, or other chemicals used in conjunction with concrete.
- All equipment, hand and power, should be checked and in safe working condition before use. Replace or repair all defective equipment. If concrete splatters on the skin, wash off as soon as possible.

If you have any questions regarding the products you're using or would like more information on how to protect yourself when working with concrete, ask your supervisor for assistance. Your supervisor should be able to recommend the correct Personal Protective Equipment (PPE) for your specific task and can provide you with the appropriate Material Safety Data Sheet (MSDS).



North Coast Builders Exchange ~Tailgate Topics
Ph (707) 542-9502 **Fax (707) 542-2027**